



CentreSpoke

November 2018



11th November 2018 Christmas Lunch Gillen Club



Motor Enthusiasts Club of Central Australia

Incorporating The Alice Springs Vintage & Veteran Car Club

PO Box 1506, Alice Springs. NT. 0871 Email: mecca@mecca.asn.au

Web site: www.mecca.asn.au

MECCA Committee 2018/2019

PRESIDENT: John Hubner 0435 293 146

VICE PRESIDENT: Allan Campbell 8953-4573

TREASURER: Russ Driver 0408 002 907

SECRETARY: Douglas Draeger 0428 676 741

PUBLIC OFFICER: Brian Eather 0428 758 002

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John Bridgefoot 0418 223 557

VEHICLE REGISTRAR: Col Jarrett 0457 297 271

EDITOR: Liz Driver 0427 970 744

WEB MASTER: Tony McKenzie 0412 853 072

HISTORIAN: Stuart Gear 0418 898 361

CRANKHANDLE: Alvina Spears 0417 169 452

CLUB HOSTESS: Marie Gear 0407 399 551

LIFE MEMBERS: Dave Simpson, Tony Bullock, Walter & Alvina Spears,
Stuart & Marie Gear.



Vice Presidents Report



MECCA VICE-PRESIDENTS' REPORT NOVEMBER 2018

Well it is the end of another good year for MECCA. The November meeting was short, with concentration on end of year activities.

I would like to thank everyone for their assistance at the meeting and with the Christmas Lunch.

The Christmas decorations were well received and really brightened up the room. Morning tea was lovely, and included savoury items as well as iced shortbread.

Kris Kringle provided some interesting presents and showed the skills of some members who made beautiful gifts. It was another great lunch at the Gillen Club. All who attended enjoyed the food and the atmosphere. The Quizmaster provided some thought-provoking questions and debate for the quiz.

Have a safe and happy Christmas, and we will see you all again in the New Year, hopefully at the February breakfast at 9.00am on Sunday 10th February at Barra on Todd.

Cost of breakfast is \$20 per head. \$10 will be subsidised by the Club.





The Sec's Desk

By Allan Campbell and Aileen Kennedy

MECCA **MOTOR ENTHUSIAST CLUB CENTRAL AUSTRALIA inc** **GENERAL MEETING SUNDAY 11TH NOVEMBER 2018**

Meeting Opened: 9:18am

Present: (as per attendance sheet)

Allan Campbell, Aileen Kennedy, Neville Heness, Megan Heness, Lisa Heness, Vicki Jarrett, Colin Jarret, Michele Thompson, Stuart Gear, Marie Gear, Craig Lambley, John Bridgefoot, John Cooper, Raelene Beale, Fred Twohig, Garry Bentley, Liz Driver, Russ Driver.

Apologies: Robyn Lambley, Mike Thompson, Doug Draegar, Tony McKenzie.

Visitors: Nil

Previous Minutes: The minutes were emailed out to members and moved as read.

Moved: Raelene Beale. Seconded: Liz Driver.

Treasurers Report: Due to online account issues, an updated bank statement was not available. The Treasurer reports that there have been no incoming or outgoing transactions to the account since the last report.

Moved: Lisa Heness. Seconded: Neville Heness.

Secretaries Report: The Secretaries report was unavailable at this time.
 Correspondence In:

Red Centre Nats Christmas Party - The Committee received an email from Red Centre Nats inviting a representative from MECCA to attend the Red Centre Nats Christmas Party on Monday 19 November 2018. The Committee will discuss this and work out who can attend as MECCA representative.

Correspondence Out:
 No information available.

General Business:

AANT Membership - Liz informed members looking for Christmas gift ideas about the AANT memberships that are available at the moment.

Empty toilet rolls - Liz asked if anyone has any empty toilet rolls available for a project their granddaughter is doing.

Recycling - Liz provided recycling information in the recent magazine. If anyone has anything else, please let Liz know.

Fred had a question regarding plastic bottles. Liz and Russ explained that Milk bottles are non-recyclable. There is a bin for plastics at the back of the Discovery Centre near where the wine bottles are recycled. There is also a bin at Woolworths near the entrance for soft plastics such as tubs for strawberries.

Eggs - The Drivers currently have an excess of eggs. They are selling them for \$5.00 a dozen.

Magazine - Liz thanked all the people who have contributed to the magazine. Further contributions can be submitted to Liz for future magazines. The Club Members thanked Liz for the work she has done so far on the magazine.

Correspondence Emails:

Membership email via members@mecca.asn.au and

Committee email via committee@mecca.asn.au

Today's Run: Christmas Party at the Gillen Club at 12 noon.

Next Meeting: February 10th at Barra on Todd at 9am. Breakfast will be subsidised – Member pays \$10 and Club pays \$10 per head.

Meeting Closed: 9.34am

Snake Bite

That bite of summer has well and truly come early this year and with that heat, comes snakes.

3000 bites are reported annually.
300-500 hospitalisations
2-3 deaths annually.

Average time to death is 12 hours. The urban myth that you are bitten in the yard and die before you can walk from your chook pen back to the house is a load of rubbish.

While not new, the management of snake bite (like a flood/fire evacuation plan or CPR) should be refreshed each season.

Let's start with a Basic overview.

There are five genus of snakes that will harm us (seriously) Browns, Blacks, Adders, Tigers and Taipans.

All snake venom is made up of huge proteins (like egg white). When bitten, a snake injects some venom into the meat of your limb (NOT into your blood).

This venom can not be absorbed into the blood stream from the bite site.

It travels in a fluid transport system in your body called the lymphatic system (not the blood stream). Now this fluid (lymph) is moved differently to blood.

Your heart pumps blood around, so even when you are lying dead still, your blood still circulates around the body. Lymph fluid is different. It moves around with physical muscle movement like bending your arm, bending knees, wriggling fingers and toes, walking/exercise etc.

Now here is the thing. Lymph fluid becomes blood after these lymph vessels converge to form one of two large vessels (lymphatic trunks) which are connected to veins at the base of the neck.

Back to the snake bite site. When bitten, the venom has been injected into this lymph fluid (which makes up the bulk of the water in your tissues).

The only way that the venom can get into your blood stream is to be moved from the bite site in the lymphatic vessels. The only way to do this is to physically move the limbs that were bitten.

Stay still!!! Venom can't move if the victim doesn't move. Stay still!!!

Remember people are not bitten into their blood stream.

In the 1980s a technique called Pressure immobilisation bandaging was developed to further retard venom movement. It completely stops venom /lymph transport toward the blood stream.

A firm roll bandage is applied directly over the bite site (don't wash the area).

Technique: Three steps: keep them still

Step 1

Apply a bandage over the bite site, to an area about 10cm above and below the bite.

Step 2:

Then using another elastic roller bandage, apply a firm wrap from Fingers/toes all the way to the armpit/groin. The bandage needs to be firm, but not so tight that it causes fingers or toes to turn purple or white. About the tension of a sprain bandage.

Step 3:

Splint the limb so the patient can't walk or bend the limb.

Do nots:

Do not cut, incise or suck the venom.

Do not EVER use a tourniquet

Don't remove the shirt or pants - just bandage over the top of clothing.

Remember movement (like wriggling out of a shirt or pants) causes venom movement.

DO NOT try to catch, kill or identify the snake!!! This is important.

In hospital we NO LONGER NEED to know the type of snake; it doesn't change treatment.

5 years ago we would do a test on the bite, blood or urine to identify the snake so the correct anti venom can be used.

BUT NOW...

we don't do this. Our new Antivenin neutralises the venoms of all the 5 listed snake genus, so it doesn't matter what snake bit the patient.

Read that again- one injection for all snakes! Polyvalent is our one shot wonder, stocked in all hospitals, so most hospitals no longer stock specific Antivenins.

Australian snakes tend to have 3 main effects in differing degrees.

1. Bleeding - internally and bruising.
2. Muscles paralysed causing difficulty talking, moving & breathing.
- 3, Pain

In some snakes severe muscle pain in the limb, and days later the bite site can break down forming a nasty wound.

Allergy to snakes is rarer than winning lotto twice.

Final tips: not all bitten people are envenomed and only those starting to show symptoms above are given antivenin.

Did I mention to stay still.

~Rob Timmings (Amos)

Rob runs a medical/nursing education business Teaching nurses, doctors and paramedics.

Penetrating Oils

Machinist's Workshop MagT recently published some information on various penetrating oils that I found very interesting. Some of you might appreciate this. The magazine reports they tested penetrates for break out torque on rusted nuts. They are below, as forwarded by an ex-student and professional machinist. They arranged a subjective test of all the popular penetrates with the control being the torque required to remove the nut from a "scientifically rusted" environment.

Penetrating oil	Average torque load to loosen
No Oil used	516 pounds
WD-40	238 pounds
PB Blaster	214 pounds
Liquid Wrench	127 pounds
Kano Kroil	106 pounds
ATF*-Acetone mix	53 pounds

The ATF-Acetone mix is a "home brew" mix of 50 - 50 automatic transmission fluid and acetone. Note this "home brew" released bolts better than any commercial product in this one particular test.

Our local machinist group mixed up a batch and we all now use it with equally good results. Note also that "Liquid Wrench" is almost as good as "Kroil" for about 20% of the price.

Steve from Godwin-Singer says that ATF-Acetone mix is best, but you can also use ATF and lacquer thinner in a 50-50 mix. *ATF=Automatic Transmission Fluid

Editors Note: The above information was supplied by Richard Metz

Thank you Fred Twohig for this information.

GREAT NEWS FOR MECCA

I have just got notification from Michele Thompson that Mecca has been approved for the Community Benefit Fund for the club trailer.

Part of the submission below for the grant for the trailer

The club would like to be able to purchase a car trailer to be the MECCA Club Trailer.

Many of the MECCA members own vintage, veteran and classic cars and motorcycles which are not the most reliable and the trailer could be used on club runs to provide back up for the vehicles. The club conducts a "run" most months and the distance can be a contributing factor as to whether some members attend or not. To have a trailer to be able to accompany the vehicles would give assurance that even if a vehicle breaks down, it could be loaded onto the trailer and finish the run without being stranded on the side of the road. The tilt trailer we have selected has a solid floor which would enable it to carry motorcycles as well as cars. It would also be fitted with a winch to allow easy loading.

MECCA always enters the Bangtail Muster and the Alice Springs Show presenting a good selection of veteran, vintage and classic cars and motorcycles. The trailer would allow us the ideal opportunity to be able to present a vehicle in the "before" or "during" stage of restoration for the public to see what is possible with the effort and a desire to restore a vehicle.

The Red CentreNats has created a great interest in the preservation of vehicles from the past and could encourage new memberships and the club members could offer assistance, encouragement and support to those keen to undertake a restoration.

The trailer could be used to transport vehicles to Show 'n Shine days even if the vehicle is not currently running or registered.

Members could also borrow the trailer when they need to transport a vehicle, which is not currently running, to have work done such as panel work or mechanical repairs

Members could also borrow the trailer to transport large vehicle parts.

A club member has offered to house the trailer at his property in a shed and to maintain the Register of who borrows the trailer.

Members would be required to sign the trailer out in the Register stating that they are responsible for the vehicle whilst it is in their care and to return it in the condition it was borrowed. They will therefore being responsible for any repairs required if damage occurs.

The trailer will not leave the Northern Territory.



Dieter Hentschel.

What a pleasant surprise to see two familiar faces (Russ & Liz) at the Bay o Birdwood run. Reading with interest the Centre Spoke keeps me up with the current issues and running of MECCA. Congratulations to Liz and Russ on the new position in the Club, you both know retired and I'm sure the club and your cars will keep you busier as you ever been.

Since our move to Ardrossan over a year ago I finally got all my Cars and Bikes at the new place and joint the **Maitland Auto Preservation Society Club** (in short MAPS). The Club has about 370 Members and was formed in 1985. We meet once a month with an average of hundred members attending (long meetings).

Living at the Yorke Peninsula has it advantage, towns and places are closed by and distances for weekend club - runs and other events are not too far apart.

On this note I wish everybody happy & safe motoring.

Dieter & Jennifer Hentschel

BAY TO BIRDWOOD BAPTISM

Haven't been on a Bay to Birdwood run before, it sure was an eye – opener for me.

I didn't think that so many classic and vintage cars exist.

I started taking photos, but realised soon, looking thru the small viewfinder of the camera didn't do justice to the cars; I rather enjoyed seeing the whole glamour with my two eyes.

I lost my little MG TD among eight hundred plus entry cars and no remote key

entry to see the light flashing. Finally I located the car just before we had to take off for the run.

I was amazed with the large crowd of onlookers and support we all received.

The drive thru Town was a bit of a challenge; temperatures of my water gauge rose to the limit and a try to keep a bit of distance between cars trying to gain speed and cooling the engine, but then came another red light. With a few casualties left on the side of the road, mostly steaming from the engine compartment, assisted by the amazing RAA Service Technician the bulk of the cars made it to start of the road thru hills, lined with more people enjoying the

fantastic show driving past, sitting in the back of Utes and in Paddocks having a BBQ and a coldly in the hand. More casualties on side of the road as we came closer to Birdwood.

The organisation was excellent, Police, Marshalls and Volunteers gave they best to make this Event top Class. I received my "Bay to Birdwood" Plaque and proud that Car,

Driver & Co- Driver(my Son) as well as my support Crew (wife, daughter & granddaughter) made it and we all had a safe and very enjoyable weekend.

Dieter Hentschel

Mal Trull Adventures



Old Car, Slow Car Who cares!!

The 1960s and 1970s were the golden years of Aussie Muscle cars. So what better way to raise funds for a cause close to our hearts, than for my son Michael and myself to enter our 1962 R Series Valiant, into the Leukaemia Foundation "Aussie Muscle Car Run?"

As most will know my wife Sandy passed away in 2016 from Leukaemia. We felt this was a way to honour her and also have some valuable Father Son time.

The Aussie Muscle Car Run was conceived by GT Falcon Club President Kevin May almost 10 years ago. Kevin lost his sister to Leukaemia. After organising the GT Falcon Nationals in Adelaide it occurred to him that this would be an ideal way to combine the passion of car enthusiasts with the need to fund research into blood disease.

And so the "Aussie Muscle Car Run" was born.

As actor and run participant Shane Jacobson said, "What a way to combine fun and fundraising." 2018 saw a record number of 60 entries line up in Hindmarsh Square for the beginning of the seventh running of the event

To date the fundraising has been a huge success with a total this year of \$536,916.000. This brings the overall total raised to about \$3,000,000.

The event includes track days at motor sport venues so we had to prepare our car with this in mind. The Valiant, although never raced at Bathurst like most of the other entrants, still qualified as RV1 Valliant's were raced in their time and are considered the first of the Aussie Muscle Cars. Our car has had considerable modification so did not need a lot of preparation. Just new brake pads, fluid and a good thorough service.



The track days included a full day at the new circuit at Tailm Bend "The Bend", 1/8th mile drags at Mildura, Collingrove, Hill climb near Angaston and Mallala Raceway just north of Adelaide.

Our car was the oldest in the field and one of the slower cars but it did not matter we were there to have fun and raise some money. That we did, with a total for "Team Sam" of \$13,491. The team name comes from my wife Sandy's family nickname "Sam".



Some of our own highlights were: a genuine 100mph on the long straight at The Bend, overtaking a GT Falcon through the esses at Mallala and winning the Safety Award at the presentation night. This award was for not causing any drama at the track and being considerate to faster cars when being overtaken. Really it was self-preservation on our part.

I would like to thank everyone who contributed to this fantastic event which can only grow in future years.

Next year the run will begin in Adelaide and finish in Melbourne at St Kilda beach taking in race venues such as Phillip Island and Winton along the way. Mick and I have already expressed our intention to participate again so do not be surprised when you see me rattling the tin for donations next year.



Left: Michael Trull

Middle: Shane Jacobson (actor + Revhead)

Right: Mal Trull

OH OH - ITS LAUGH TIME AGAIN

It's O.K. ladies the guys don't know what short of look we have when they are driving.



LADIES AND GENTLEMEN BEWARE CAR-JACKERS

Beware – Warning from NRMA

You walk across the car park, unlock your car and get inside.

Then you lock all your doors, start the engine and shift into REVERSE, and you look into the rear-view mirror to back out of your parking space and you notice a piece of paper stuck to the middle of the rear window.

So, you shift the gear stick back into PARK, unlock your doors and jump out of your car to remove that paper (or whatever it is) that is obstructing your view.

When you reach the back of your car, that is when the car-jackers appear out of nowhere, jump into your car and take off!!

Your engine was running, you would have left your purse /wallet in the car and they practically mow you down as they speed off in your car.

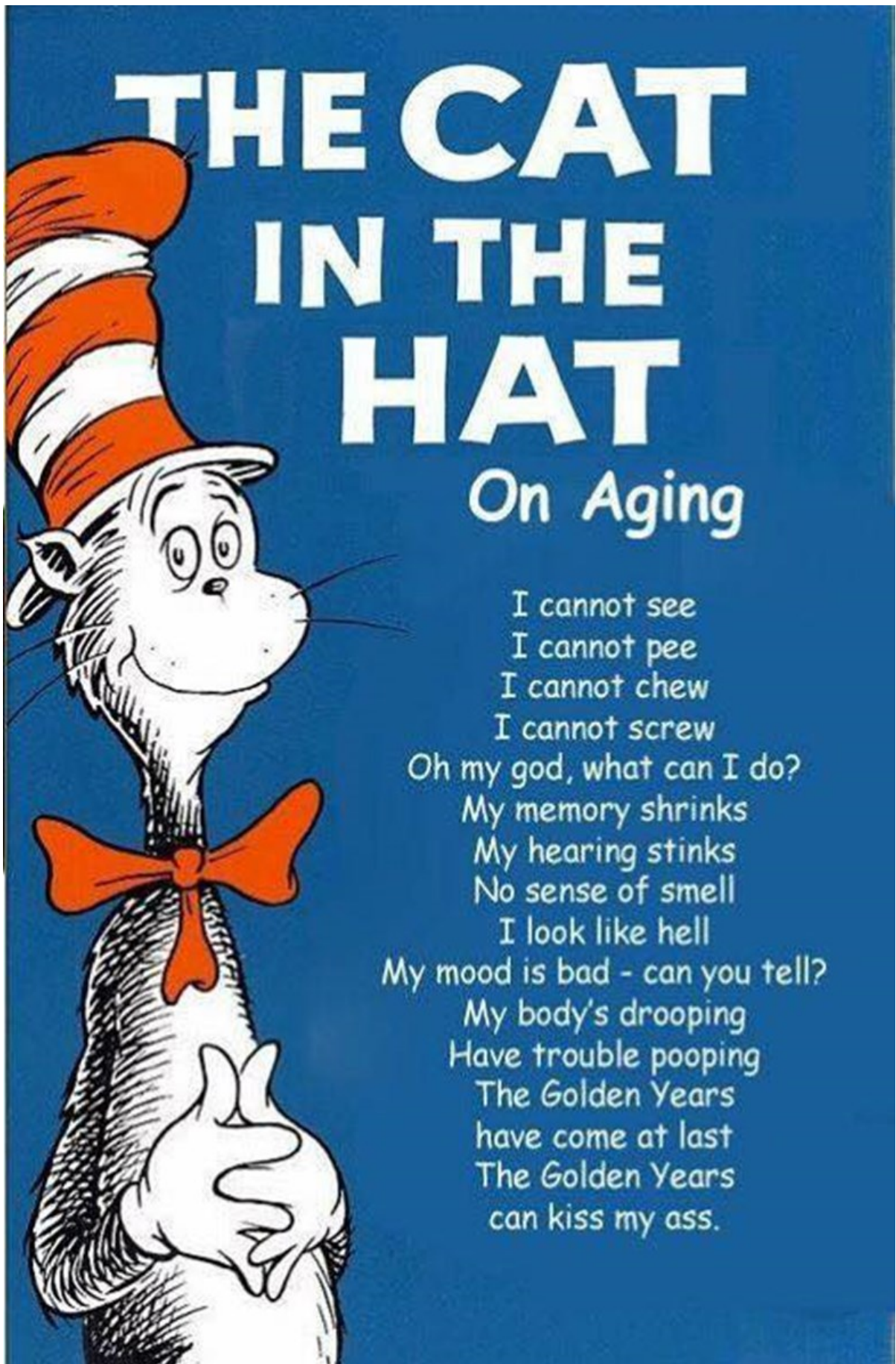
BE AWARE OF THIS NEW SCHEME THAT IS NOW BEING USED IN SYDNEY AND COULD SPREAD ACROSS AUSTRALIA.

Just drive away and remove the paper that is stuck to your window later, and be thankful that you read this email.

I hope you will forward this to friends and family especially to women!

A purse /wallet contains all identification, and you certainly do NOT want someone getting your home address. Especially when they already HAVE your HOUSE KEYS!

You may like to let your friends know this can happen..



THE CAT IN THE HAT

On Aging

I cannot see
I cannot pee
I cannot chew
I cannot screw
Oh my god, what can I do?
My memory shrinks
My hearing stinks
No sense of smell
I look like hell
My mood is bad - can you tell?
My body's drooping
Have trouble pooping
The Golden Years
have come at last
The Golden Years
can kiss my ass.

To Give Away

10 H.P. Briggs and Stratton engine, coupled to 5KVA Dunlite alternator. Engine runs but no output from alternator.

Contact Fred Twohig on 0437778819.



For Sale Fresh Eggs \$5.00 per dozen
Contact Liz Driver 0427 970 744





Editors Page

Ho Ho Ho another month has passed - So much to do and so little time, which is amazing how we can not get through the day and it is day light around 5.30am and the sun goes down after 7.30pm. Well I guess it just shows we have got another day that we won't get bored. Ha Ha

What a meeting we had on 11/11/18 shortest one on record - reckon it was because every one was waiting for Kris Kringle. Then off to Remembrance day Services to honour the fallen.

Christmas lunch and the members who came made excellent company at the Gillen Club we had heaps of fun and laughs. The Quiz was entertaining. Lunch was magnificent and we all got to take home the left overs - made lunch easy for the next day and it was still yummy. Thank you every one who came.

The club would like to give a special thank you to Marie Gear for all her efforts to have morning tea ready for us after the meeting.



